

**FAMILIARIZATION PROGRAMME FOR INDEPENDENT
DIRECTORS OF FLEX FOODS LIMITED (FY 2023-2024)**

Pursuant to Regulation 25 and Regulation 46 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015

Familiarization Programme

All our Independent Directors are aware and are also updated as and when required, of their role, rights & responsibilities in the Company, nature of industry in which the Company operates, business model of the Company etc., through various programmes. The Company holds Board meetings at regular intervals and factory visits are organized at various locations for the Directors.

The Board of Directors has access to the information within the Company. Presentations are made regularly to the Board and Committees, where Directors get an opportunity to interact with senior managers. Presentations at the Board and Committee Meetings, inter alia, cover competition and business strategies, management structure, HR policy, management development, quarterly and annual results, budgets, review of Internal Audit, Risk Management framework, Compliance, Environment Health & Safety, Regulatory Updates etc.

Summary of number of hours spent on Familiarization Programme of Independent Directors:

Financial Year	Programme	Approximate Hours spent
2015-16	1	2 hours
2016-17	1	2 hours
2017-18	1	2 hours 30 minutes
2018-19	1	2 hours
2019-20	1	3 hours
2020-21	1	2 hours
2021-22	1	2 hours
2022-23	1	2 hours
2023-24	1	2 hours 10 minutes
Cumulative hours spent on Familiarization Programme till date (up to 21st March, 2024)	9	19 hours 40 minutes
